

# medisana®

## GB Shiatsu acupressure massage seat cover MC 825



Art. No.: 48289

Manual - please read carefully!

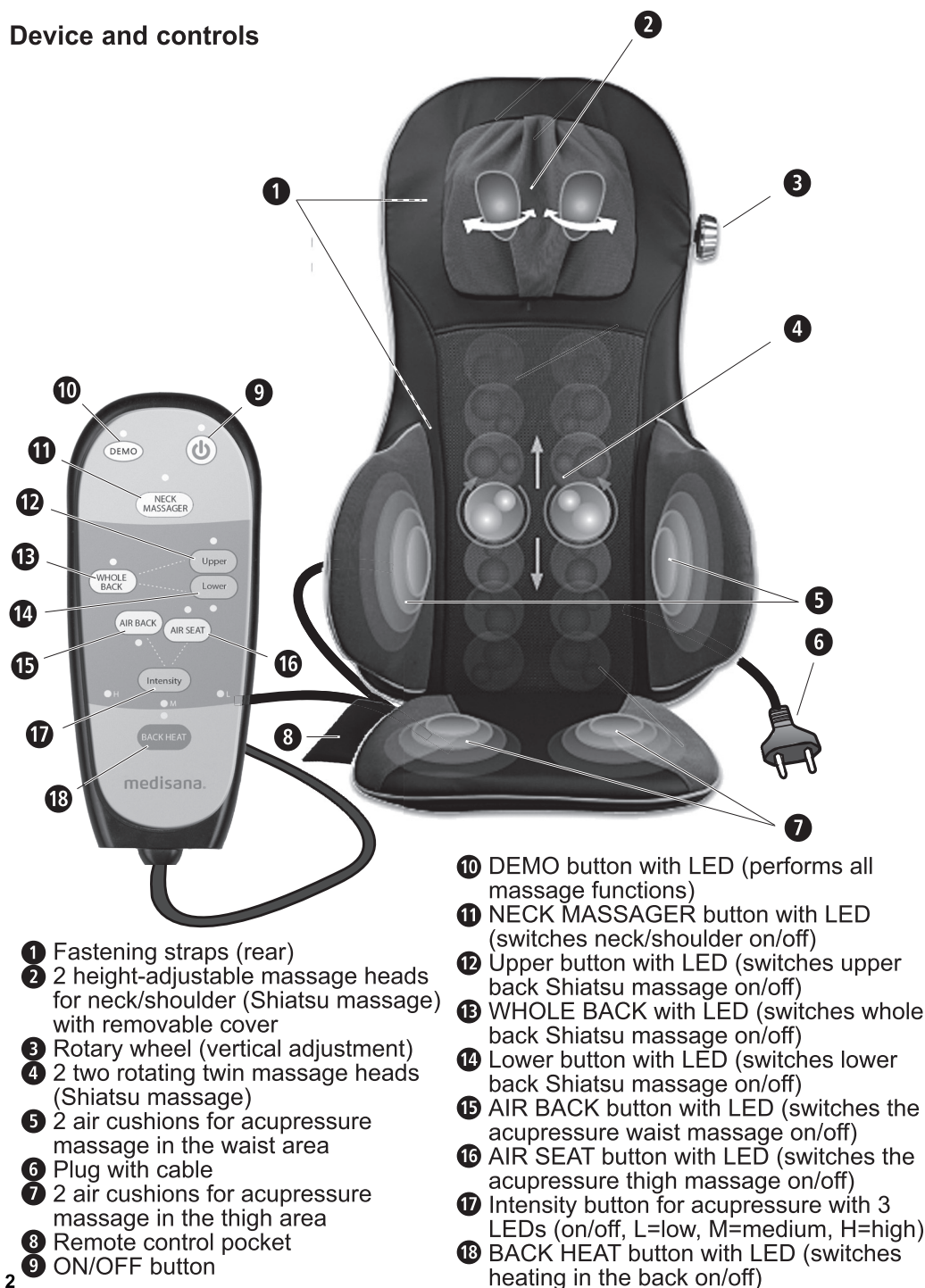


1

1 Year  
Warranty



## Device and controls



- 1 Fastening straps (rear)
- 2 2 height-adjustable massage heads for neck/shoulder (Shiatsu massage) with removable cover
- 3 Rotary wheel (vertical adjustment)
- 4 2 rotating twin massage heads (Shiatsu massage)
- 5 2 air cushions for acupressure massage in the waist area
- 6 Plug with cable
- 7 2 air cushions for acupressure massage in the thigh area
- 8 Remote control pocket
- 9 ON/OFF button

- 10 DEMO button with LED (performs all massage functions)
- 11 NECK MASSAGER button with LED (switches neck/shoulder on/off)
- 12 Upper button with LED (switches upper back Shiatsu massage on/off)
- 13 WHOLE BACK with LED (switches whole back Shiatsu massage on/off)
- 14 Lower button with LED (switches lower back Shiatsu massage on/off)
- 15 AIR BACK button with LED (switches the acupressure waist massage on/off)
- 16 AIR SEAT button with LED (switches the acupressure thigh massage on/off)
- 17 Intensity button for acupressure with 3 LEDs (on/off, L=low, M=medium, H=high)
- 18 BACK HEAT button with LED (switches heating in the back on/off)



## IMPORTANT INFORMATION! RETAIN FOR FUTURE USE!

Read the instruction manual carefully before using this device, especially the safety instructions and keep the instruction manual for future use. Should you give this device to another person, it is vital that you also pass on these instructions for use.

### Explanation of symbols



This instruction manual belongs to this device. It contains important information about starting up and operation. Read the instruction manual thoroughly. Non-observance of these instructions can result in serious injury or damage to the device.



#### **WARNING**

These warning notes must be observed to prevent any injury to the user.



#### **CAUTION**

These notes must be observed to prevent any damage to the device.



#### **NOTE**

These notes provide useful additional information on the installation or operation.



Protection category II

**LOT**

LOT number



Manufacturer



## ***about the power supply***

- Before connecting the device to your power supply, please ensure that the supply voltage stated on the rating plate is compatible with your mains supply.
- Only connect the mains plug to the wall socket when the device is switched off.
- Keep the power cord and the device itself away from heat, hot surfaces, damp and liquids. Avoid touching the plug or power switch with wet or even damp hands, or when you are standing in water.
- If the device falls into water, do not try to pick it up. Instead pull the plug out immediately.
- Disconnect the plug from the socket immediately after using the device.
- Never pull on the power cord to disconnect the appliance from the mains. Always pull out the mains plug!
- Do not carry, pull or rotate the device by its power cord.
- Ensure that the cable will not cause tripping. The cable must not be kinked, trapped or twisted. tripping. The cable must not be kinked, trapped or twisted.

## ***specific groups of people***

- This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.
- Children shall not play with the appliance.
- Do not use this unit to supplement or replace medical treatment. Chronic complaints and symptoms may be made worse.
- You should refrain from using the Shiatsu acupressure massage seat cover **MC 825**, or should consult your doctor before using it, if
  - you are pregnant,

- you have a cardiac pacemaker, artificial joints or electronic implants,
- you suffer from one or more of the following illnesses and complaints: Circulation disorders, varicose veins, open wounds, bruises, broken skin, inflammation of the veins.
- If you experience any pain or discomfort during the massage, stop immediately and consult your doctor.
- Never leave the unit unattended if it is connected to the power supply.
- Take care when using the heater. Do not use if you have circulatory problems or on areas not sensitive to heat. Risk of burning!
- The surface of the appliance is hot. People who are insensitive to heat must be careful when using the appliance.
- Consult your doctor if you have any questions concerning the therapeutic use of the Shiatsu massage seat cover.
- If you have unexplained pain, are receiving treatment from a doctor and/or use medical equipment, consult your doctor before using the Shiatsu massage seat cover.
- Use of the massage device is prohibited in the following cases:
  - not on children less than 8 years,
  - not on animals,
  - never while you sleep,
  - not in the car,
  - not while ingesting substances that reduce reaction times (e.g. painkiller medications, alcohol).

## ***before using the unit***

- Always carefully inspect the cable, the control unit and the Shiatsu massage seat cover for damage before use. Do not attempt to use a defective unit.
- Do not use the unit if there are visible signs of damage on the unit or the cable components, the unit does not work properly or the seat or the control unit have been dropped or become damp. In order to prevent hazards, always send the unit in to the service centre.
- The zip fastener on the back of the massage device and on the sides of the pneumatic cushion must not be opened. It is only fitted for reasons relating to the manufacturing of the device.

## *operating the unit*



**The device is only intended for household use and must not be used for commercial or medical purposes. If you have health concerns, consult your doctor before using the Shiatsu massage seat cover.**



**The massage seat cover must only be used in enclosed spaces!**



**Do not use the massage seat cover in damp rooms (e.g. when bathing or showering).**

- The Shiatsu massage seat cover must only be used for its intended purpose as described in the instruction manual.
- Using the Shiatsu massage seat cover for any other purpose invalidates the warranty.
- Never leave the unit unattended if it is connected to the power supply.
- The maximum operating time for one session is 15 minutes. Allow it to cool off for at least 15 minutes before using it again.
- Do not allow the Shiatsu massage seat cover to come into contact with pointed or sharp objects.
- Never put the unit down next to an electric stove or other sources of heat.
- Never use the Shiatsu massage seat cover if it is folded up.
- Never use the device under covers, such as blankets or pillows.
- Operate the device in an upright position only, never place it flat on the floor.
- Make sure that all moving parts can move freely at all times.
- Never sit or stand on the moving parts of the device with all your weight and do not place objects on the device.

## *maintenance and cleaning*

- The unit is maintenance free.
- You may only clean the device yourself. If the device malfunctions please do not repair it yourself as this leads to the automatic expiry of all guarantee rights. Ask your specialist dealer and have repairs carried out by the service only.

- Cleaning and user maintenance shall not be made by children without supervision.
- Do not use the unit if there are visible signs of damage on the unit or the cable components, the unit does not work properly or the massage seat cover or the control unit have been dropped or become damp. In order to prevent hazards, always send the unit in to the service centre.
- Do not immerse the device in water or other fluids.
- If, nonetheless, liquid should penetrate the device, unplug the mains cable immediately.



**Do not wash!**



**Do not dry clean!**

- The 100 % polyester easy clean cover of the neck massage heads ② has to be removed for washing.



**You may wash the cover of the neck massage heads ② in a normal wash at max. 30 °C. Follow the notes the label!**

## 2.1 Items supplied and packaging

Please check first of all that the device is complete and is not damaged in any way. In case of doubt, do not use it and contact your dealer or your service centre.

The following parts are included:

- 1 **medisana** Shiatsu acupressure massage seat cover **MC 825** with control unit
- 1 Instruction manual



The packaging can be reused or recycled. Please dispose properly of any packaging material no longer required. If you notice any transport damage during unpacking, please contact your dealer without delay.



## **WARNING**

**Please ensure that the polythene packing is kept away from the reach of children! Risk of suffocation!**

## 2.2 What is Shiatsu massage?

Shiatsu is a form of finger pressure massage and one of the most important massaging techniques along with manual lymphatic drainage and reflexology. This form of physical therapy was developed in Japan but stems from traditional Chinese massage. Gentle stroking and beneficial pressure application techniques are used to awaken life forces and encourage them to flow through the body. The object of the massage is not just to ease tension, but also to optimise the flow of life force and harmonise body and soul.

## 2.3 How does the medisana Shiatsu acu- pressure massage seat cover work?

In the **medisana** Shiatsu acupuncture massage seat cover **MC 825** you have a modern device for genuine Shiatsu style back massages. The device has two neck/shoulder massage heads **2** and two rotating twin massage heads **4** for Shiatsu massage of the three zones "Upper Back", "Lower Back" and "Full Back". The device is equipped with a pneumatic function in the waist area **5** as well as the seat base **7** and a heating function in the massage heads **4** can also be activated. The unique combination of intensive shiatsu and acupuncture massage with radiated heat makes the massage seat cover an effective and relaxing treatment. Their settings can be comfortably adjusted by means of the easy-to-handle control unit.

## 3.1 Usage

The use of the Shiatsu acupuncture massage seat cover will improve your wellbeing after a stressful day. The massage effect is particularly useful for treating tense muscles and tired tissue. The unit provides pleasant relaxation for overcoming everyday stress. The massaging can improve your well-being, and is also useful in the sport and fitness areas.

## 3.2 Operation

### Start-up

- Place the massage seat cover on a high chair or armchair and attach it to this by means of the fasteners **1** on the back. Ensure that the seat cover is supported over its entire area and has a sufficiently high backrest.
- Insert plug **6** into the mains socket. Ensure that the power supply is easily accessible.
- Take a seat on the Shiatsu acupuncture massage seat cover and familiarise yourself with the functions.
- Sit comfortably and upright. Ensure you sit centered and such that the massage heads **4** can move to the left and right of your spinal column.

### Operating the unit

The **MC 825** shiatsu seat cover has three functions for an effective massage: fingertip massage (Shiatsu massage), acupuncture massage and heat. The heat function can only be used together with the Shiatsu massage in the back, during which the neck massage and the acupuncture massage in the seat base and in the waist area can also be activated. Do not use the unit for more than 15 minutes at a time. After approx. 15 minutes, the unit will switch off automatically. Always allow the unit to cool down fully before you use it again.

### Buttons on the control unit

*Use the buttons on control pad to operate the massage seat cover:*

After you have plugged the plug into the mains socket, the LED of the On/Off button **9** flashes. Switch on the device by pressing ON/OFF button **9**. The LED illuminates. The device starts with standby mode. If no other button is pressed, the device turns off after 15 minutes automatically.

## DEMO button 10

You may activate demo function with or without pressing ON/OFF button 9 before. Press the DEMO button 10, the device starts automatically with introduction of different back setting with different functions. The LEDs show the current massage regions and functions. The device will stop once all functions worked.

## NECK MASSAGER button 11

Adjust the massage heads to the desired height by turning wheel 3. Switch on the device by pressing ON/OFF button 9. NECK MASSAGER button 11 is for the neck/shoulder reversible kneading massage. Press this button once, left massage head 2 is kneading counterclockwise; right massage head 2 is kneading clockwise. Press it a second time, neck massage stops.

## BACK buttons 12/13/14

Switch on the device by pressing ON/OFF button 9. Select the region you wish to massage with the back massage button (12/13/14).

### Whole Back button 13 (full back)

The Shiatsu massage heads 4 move from the "Park" position at the base of the backrest, up to the shoulder area, massaging the back in a circular motion whilst doing so. Once the uppermost position has been reached, the direction of rotation of the massaging heads is reversed. The heads then travel down to the base of the backrest. Once the heads reach this point, the direction of rotation is reversed again and then travel up the back again.

### Upper Back button 12 (upper back)

The Shiatsu massage heads 4 travel up and down the upper half of the back in a circular motion. The reversal of the direction of rotation takes place when the respective end positions are reached.

### Lower Back button 14 (lower back)

The Shiatsu massage heads 4 travel up and down the lower half of the back in a circular motion. The reversal of the direction of rotation takes place when the respective end positions are reached.

## BACK HEAT button 18

The heat function can be activated at any time with the shiatsu massage, during which the acupressure Massage can also be activated. Press the BACK HEAT button 18 to activate the function; the LED on the control unit and the massage heads light up red. The heat is radiated through the massage heads 4. Press the button 18 again or stop the Shiatsu massage, to de-activate the heat function; the LED and the red light of the massage heads go out.

## AIR BACK button 15/ AIR SEAT button 16 (acupressure buttons)

An acupressure massage in the waist and thigh area can be added to the Shiatsu massage function at any time by pressing buttons 15/16. The acupressure massage can also be used separately. Switch on the device by pressing ON/OFF button 9. Press the button for the acupressure massage 15/16. The Intensity LED lights up and both air cushions 5/7 inflate. They begin with a gentle massage. Pressing the Intensity button 17 increases the intensity of the massage (medium intensity massage). The LED M lights up. Pressing the Intensity button 17 again activates the strongest massage setting (highest intensity massage). The LED H lights up. Once button 15/16 is pressed the acupressure massage switches off and the LED goes out.



**Do not use the massage device for longer than 15 minutes and then allow it to cool. Using the device for longer can overstimulate the muscles and cause tension instead of relaxation.**

**The massage can be finished at any time by pressing the ON/OFF-button 9.**

**After each use, switch the device off using the ON/OFF button 9 and remove the plug 6 from the mains socket. Always store control unit in its bag 8.**

### 3.3 To switch off the device

Press the ON/OFF button 9. The power LED begins to flash and the massage heads travel back down to the “Park” position. When this position is reached, the LED extinguishes. If you press the ON/OFF button 9 while one of the massage functions is switched on, the massages in neck/shoulder, waist and seat just stop immediately, including heat function. First the massage heads in the back travel downwards to the “Park” position. The LED flashes meanwhile and then extinguishes.

### 4.1 Cleaning and maintenance

- Before cleaning the appliance, make sure that the appliance is switched off and the power supply is disconnected. Allow the unit to cool down.
- Only clean the Shiatsu acupressure massage seat cover with a soft cloth slightly dampened with a mild detergent (e.g. soap suds). Under no circumstances should you use aggressive detergents, strong brushes, solvents, petrol, thinners or alcohol. Rub the seat dry with a clean dry cloth.
- When cleaning, never immerse the unit in water and make sure that no water gets into the unit.
- For washing the cover of the neck massage heads 2 open the zip fastener all around it. Wash the cover in a normal wash at max. 30 °C and follow the notes on the label!
- Wait until the device is completely dry before using it again.
- Undo any kinks in the cable.
- You should ideally store the device in its original packaging and keep it in a clean, dry place.

### 4.2 Disposal



This product should not be disposed of together with domestic waste.

Please hand in all electrical or electronic devices at a municipal or commercial collection point so that they can be disposed of in an environmentally acceptable manner. Consult your municipal authority for information about disposal.

|                                 |                      |                                                          |
|---------------------------------|----------------------|----------------------------------------------------------|
| <b>4.3</b>                      | Name and model       | : <b>medisana</b> Shiatsu acupressure massage seat cover |
| <b>Technical specifications</b> | <b>MC 825</b>        |                                                          |
|                                 | Voltage supply       | : 220-240V~ 50/60 Hz                                     |
|                                 | Power consumption    | : approx. 60 W                                           |
|                                 | Operating time       | : max. 15 minutes                                        |
|                                 | Operating conditions | : Only use in dry rooms                                  |
|                                 | Storage conditions   | : In a cool, dry place                                   |
|                                 | Dimensions (LxWxH)   | : approx. 110 x 42 x 18 cm                               |
|                                 | Weight               | : approx. 5.9 kg                                         |
|                                 | Power cable length   | : approx. 1.8 m                                          |
|                                 | Article No.          | : 48289                                                  |
|                                 | EAN Code             | : 40 15588 48289 2                                       |



**In accordance with our policy of continual product improvement, we reserve the right to make technical and optical changes without notice.**

## Warranty and repair terms

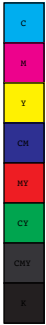
Please contact your dealer or the service centre in case of a claim under the warranty. If you have to return the unit, please enclose a copy of your receipt and state what the defect is. The following warranty terms apply:

1. The warranty period for **medisana** products is one year from date of purchase. In case of a warranty claim, the date of purchase has to be proven by means of the sales receipt or invoice.
2. Defects in material or workmanship will be removed free of charge within the warranty period.
3. Repairs under warranty do not extend the warranty period either for the unit or for the replacement parts.
4. The following is excluded under the warranty:
  - a. All damage which has arisen due to improper treatment, e.g. non-observance of the user instructions.
  - b. All damage which is due to repairs or tampering by the customer or unauthorised third parties.
  - c. Damage which has arisen during transport from the manufacturer to the consumer or during transport to the service centre.
  - d. Accessories which are subject to normal wear and tear.
5. Liability for direct or indirect consequential losses caused by the unit are excluded even if the damage to the unit is accepted as a warranty claim.



# medisana®

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