



## Explanation of symbols



This instruction manual belongs to this device. It contains important information about starting up and operation. Read the instruction manual thoroughly. Non-observance of these instructions can result in serious injury or damage to the device.



### WARNING

These warning notes must be observed to prevent any injury to the user.



### CAUTION

These notes must be observed to prevent any damage to the device.



### NOTE

These notes provide useful additional information on the installation or operation.



Protection category II



LOT number

## GB Safety Instructions



Please read these instructions carefully before using the device, in particular the safety instructions. Keep the instructions in a safe place for future reference. If you pass the device on to third parties, be sure to include these instructions for use.



- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- The appliance is only to be used with the power supply unit provided with the appliance.

### about the power supply

- Before connecting the device to your power supply, please ensure that the supply voltage stated on the rating plate is compatible with your mains supply.
- Only insert the mains plug into a socket when the appliance is switched off.
- Keep the cable and the appliance away from heat, hot surfaces, moisture and liquids. Do not touch the mains plug when you are standing in water and always take hold of the plug with dry hands.
- Appliance components carrying voltage may not come into contact with liquid.
- Do not take hold of a device if it falls into water. Pull out the power plug from the socket immediately.
- Connect the unit so that the power plug is freely accessible.
- Always switch off the appliance after use with the On/Off button ❶ and unplug the power plug.
- To disconnect the unit from the power supply, always pull the plug out of the socket. Do not pull on the cable!
- Do not carry, pull or twist the device on the cable.
- You must not continue to use the unit if the lead or the plug are damaged.
- If the power supply cable is damaged, it may only be replaced by **medisana**, an authorised dealer or by qualified persons in order to avoid a hazard.
- Ensure that the cable will not cause tripping. The cable must not be kinked, trapped or twisted.

### specific groups of people

- This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.
- Children should be supervised to ensure that they do not play with the appliance.
- Cleaning and user maintenance shall not be made by children without supervision.
- Do not use this unit to supplement or replace medical treatment. Chronic complaints and symptoms may be made worse.
- Do not use the Shiatsu foot massager **FM 930**, or only after consulting your doctor, if:
  - you are pregnant
  - you have a cardiac pacemaker, artificial joints or electronic implants,
  - you suffer from one or more of the following illnesses and complaints: Circulation disorders, varicose veins, open wounds, bruises, broken skin, inflammation of the veins.
- Do not use the appliance near your eyes or near any other sensitive areas.
- If you experience any pain or discomfort during the massage, stop immediately and consult your doctor.
- Take care when using the heating function. **The appliance has hot surfaces.** Do not use the appliance on small children, vulnerable individuals or people who are not sensitive to heat.
- Before using the massager, consult your doctor regarding any unexplained pain, if you are undergoing medical treatment or using medical equipment.

### before using the unit

- Check the plug, cable and massager carefully for damage before each use. Do not attempt to use a defective unit.
- Do not use the appliance if it, or the power cord show signs of damage, if it is not in perfect working order, or if it has been dropped or become damp. In order to prevent hazards, always send the unit in to the service centre.

### operating the unit



**The device is not to be used for commercial use or medical purposes. If you have health concerns, consult your doctor before using the device.**



**Only use the massager indoors.**



**Do not use the massager in damp rooms (e.g. when bathing or showering).**

- The device must only be used for its intended purpose as described in the instruction manual.
- Using the unit for any other purpose invalidates the warranty.
- Only use the appliance in the proper way as described in this user manual. **The appliance is not designed to support your full body weight!**
- Do not use the appliance while you are asleep or when you are lying in bed.
- Do not use the appliance before going to sleep. The massage has a stimulating effect.
- Never use the appliance while driving a vehicle or operating a machine.
- The maximum operating time for one session is 15 minutes. Prolonged use reduces the service life of the appliance.
- Very long periods of use can lead to overheating. So after continuously operating for 15 minutes, user should stop it for at least 15 minutes before using it again.
- Never put the unit down next to an electric stove or other sources of heat.
- Never leave the unit unattended if it is connected to the power supply.
- Do not allow the appliance to come into contact with pointed or sharp objects.
- Do not cover up the appliance when it is switched on. Never use it under blankets or cushions. There is a risk of fire, electric shock or injury.

### maintenance and cleaning

- The unit is maintenance free. If a fault does occur, just check whether the mains power plug is properly connected.
- You may only clean the device yourself. If the device malfunctions please do not repair it yourself as this leads to the automatic expiry of all guarantee rights.
- Ask your specialist dealer and have repairs carried out by the service only.
- Do not immerse the device in water or other fluids.
- If, nonetheless, liquid should penetrate the device, unplug the mains cable immediately.



**The two inserts ❷ are removable and washable. Hand-wash only.**



**Do not dry clean!**

### Device and controls

- ❶ On/Off button
- ❷ Mode button
- ❸ Intensity button
- ❹ Heat button
- ❺ Timer button
- ❻ Connection for power supply
- ❼ Removable and washable insert

### Items supplied and packaging

Please check first of all that the device is complete and is not damaged in any way. In case of doubt, do not use it and contact your dealer or your service centre. The following parts are included:

- 1 **medisana** Shiatsu foot massager **FM 930**
- 1 Instruction manual

The packaging can be reused or recycled. Please dispose properly of any packaging material no longer required. If you notice any transport damage during unpacking, please contact your dealer without delay.



### WARNING

**Please ensure that the polythene packing is kept away from the reach of children! Risk of suffocation!**



### What is the Shiatsu foot massager FM 930 used for?

Our feet are under great strain each and every day, making them especially vulnerable to tenseness, muscle pains and hardened muscles. The **medisana** Shiatsu foot massager **FM 930** lets you give your feet a treat, helping them to relax after a long day. Each massage can be combined with heat treatment. This promotes relaxation, improves the blood circulation and has a soothing effect on the muscles.



### CAUTION

**Make sure that the maximum operating time of 15 minutes is not exceeded.**

### Foot massage

Place the **medisana** Shiatsu foot massager **FM 930** on the floor in front of a comfortable chair and plug the mains plug into the mains outlet.

- Power on the unit by switching on the On/Off button ❶. Sit down in a comfortable position. The indicator light of the On/Off button ❶ lights up in red. Put your feet into the inserts ❷.
- The default massage mode is mode 1 when switching the device on. Press the Mode button (2) to switch the massage mode. The indicator light shows the present mode:  
Blue light : Mode 1 (constant shiatsu and air compression massage)  
Green light : Mode 2 (interval shiatsu and air compression massage)  
Red light : Mode 3 (air compression massage only)

- The intensity of the air compression massage can be controlled with the Intensity button ❸. The indicator light shows the set intensity: blue light = low; green light = medium; red = high.
- The heat function can be switched on or off with the Heat button ❹. When the heat function is deactivated, the red indicator light goes out.
- After power on, the default timer is 15 minutes and the indicator lights up in blue. Press the Timer button ❺ to change the timer: green light = 10 minutes; red light = 5 minutes.
- At the end of the massage, press the On/Off button ❶ to switch off the appliance completely and unplug the appliance from the wall outlet after use.

### Duration of massage

In general, you can allow maximum 15 minutes operation for each massage session, one to two times a day. Make sure the appliance is cooled down completely before using it again!

### Cleaning and maintenance

- Before cleaning the appliance, make sure that the appliance is switched off and the power supply is disconnected. Allow the unit to cool down.
- Clean the massager with a slightly damp sponge only. Never use brushes, aggressive cleaning agents, petrol, thinners or alcohol. Rub the unit dry with a clean dry cloth.
- Never immerse the appliance in water to clean it and ensure water cannot get into the appliance.
- Wait until the device is completely dry before using it again.
- Undo any kinks in the cable.
- Take care to roll up the mains lead to avoid damaging it.
- You should ideally store the device in its original packaging and keep it in a clean, dry place.

### Disposal



This product should not be disposed of together with domestic waste. Please hand in all electrical or electronic devices at a municipal or commercial collection point so that they can be disposed of in an environmentally acceptable manner. Consult your municipal authority for information about disposal.

### Technical specifications

Name and model:	<b>medisana</b> Shiatsu foot massager <b>FM 930</b>
Voltage supply:	100-240V 50/60Hz DC12V 3A
Power consumption:	36 W
Operating conditions:	Only use in dry rooms
Storage conditions:	In a cool, dry place
Dimensions:	approx. 39 x 39 x 30.4 cm
Weight:	approx. 5.8 kg
Article No.:	50027
EAN Code:	48 97138 50027 6

**In accordance with our policy of continual product improvement, we reserve the right to make technical and optical changes without notice.**

The current version of these instructions for use can be found at [www.medisana.asia](http://www.medisana.asia)

### Warranty and repair terms

Please contact your dealer or the service centre in case of a claim under the warranty. If you have to return the unit, please enclose a copy of your receipt and state what the defect is.

The following warranty terms apply:

- The warranty period for **medisana** products is three years from date of purchase. In case of a warranty claim, the date of purchase has to be proven by means of the sales receipt or invoice.
- Defects in material or workmanship will be removed free of charge within the warranty period.
- Repairs under warranty do not extend the warranty period either for the unit or for the replacement parts.
- The following is excluded under the warranty:
  - All damage which has arisen due to improper treatment, e.g. non-observance of the user instructions.
  - All damage which is due to repairs or tampering by the customer or unauthorised third parties.
  - Damage which has arisen during transport from the manufacturer to the consumer or during transport to the service centre.
  - Accessories which are subject to normal wear and tear.
- Liability for direct or indirect consequential losses caused by the unit are excluded even if the damage to the unit is accepted as a warranty claim.

**medisana.**

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