

ecomed[®]
by medisana

ComfySteps
Calf Massager
CM-26E



User Manual

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Thank you for choosing the ecomed by medisana ComfySteps Calf Massager.

Read this manual thoroughly before use, paying close attention to the safety instructions to ensure proper operation and usage of the product.

Please note that the company reserves the right to enhance both the product and this manual without prior notice. The actual product may vary from the illustrations provided. While this manual has been diligently reviewed, there may be occasional printing errors or misunderstandings in the content. We appreciate your understanding and cooperation.

1. Safety Instructions

1. Important Safety Information

- To ensure safety and proper use, read this manual thoroughly before using the product. Use it only for its intended purpose as described here. Turn off the product before cleaning or after use.
- This product is not intended for self-diagnosis or treatment. Seek professional medical advice if necessary.
- Stop using the product immediately if you experience any discomfort.
- Do not allow children or individuals with physical or mental disabilities to use this product without supervision.
- The appliance has a heated surface. Individuals sensitive to heat should exercise caution.
- Do not use it on insensate or overly sensitive skin or on areas with poor circulation.
- To avoid the risk of overheating, fire, electric shock, or injury, do not use the product underneath a pillow or blanket.
- Do not cover the product during use to prevent overheating and motor damage.
- Do not insert objects into any openings.
- Do not use the product if the power cord or plug is damaged, if it malfunctions, has been dropped, or has been submerged in water. Please contact a service center for repairs.
- To disconnect the power, turn off all controls then remove the plug from the outlet.
- Always unplug the appliance from the electrical outlet immediately after use and before cleaning.
- Never leave the appliance unattended while plugged in. Be sure to unplug it when not in use and before attaching or removing any components.
- The appliance is to be used only with the provided power supply unit.
- Avoid using unsupported accessories.
- For battery recharging, use only the detachable supply unit included with this appliance.

2. Operating Environment

- Do not use it in a damp or dusty environment.
- Use the product in an environment where the temperature ranges from 0 to 40°C.
- Avoid placing the product outside.
- Keep away from heaters, stoves, or direct sunlight.

3. Not Suitable For

- Individuals who are sensitive to heat or cold.
- Minors and individuals with physical or mental disabilities.
- Individuals with osteoporosis.

4. Consult a Doctor Before Use If You

- Have sensitive skin.
- Have recently received medical treatment.
- Feel unwell, including but not limited to stroke, high/low blood pressure, heart disease, cerebral arteriosclerosis, cerebral thrombosis, diabetes, etc.
- Have a malignant tumor.
- Are using a pacemaker or other implanted medical device.
- Are pregnant or menstruating.
- Have other hidden diseases.

5. Precautions

- Avoid operating the control switch with wet hands.
- Keep the control switch away from water or other liquids.

6. Additional Safety Instructions

- Do not use it if any parts are damaged.
- Do not use it while intoxicated.
- Do not use it continuously for more than 30 minutes.
- Do not use the product during thunderstorms.
- Never stand on or apply heavy pressure to the product.
- When operating in a cold room, gradually adjust the heating function to a normal range before use.
- Allow the product to sit at room temperature for 1 hour after moving it from cold storage to prevent condensation issues.
- Cease use immediately if you notice any malfunctions or abnormalities.

2. Product Components

Accessories List:

1. Product x 2
2. Type-C Data Cable x 2
3. User Manual x 1



3. Operating Instructions

a) Preparation Before Use

- Place this product in a dry location and away from prolonged exposure to sunlight.
- Thoroughly check the product for any damage before use.

b) Usage Illustration



c) Instructions for Use

Calf Massager Features

This appliance offers three inflation modes:

1. Mode I
2. Mode II
3. Mode III

Controls

1. Power On/Off:
 - To turn the appliance on or off, press and hold the top button.
2. Startup Display:
 - When powered on, the top display screen will light up and show "P1," indicating that the appliance is operating in Mode I (the default mode).
3. Mode Selection:
 - The icon for the selected mode will illuminate as you adjust the settings.
4. Battery Indicator:
 - The battery indicator light on the left side of the top digital display shows the battery life and charging status.
5. Current Settings Display:
 - The current level or mode will be displayed during adjustments.

Overall functional description:

Powering On:

Long press the top power button to turn the appliance ON. It will enter working mode after 5 seconds.

Mode Adjustment:

Press the mode adjustment button once to cycle through the inflation modes: Mode I (P1) → Mode II (P2) → Mode III (P3) → back to Mode I (P1). Each mode, level, and heating adjustment increment sequentially (e.g., P1 then P2). When the highest mode is reached, pressing the button again will revert to the first setting. After heating mode H3, the appliance will enter a no-heating setting, indicated by no letters or numbers displayed. The default setting upon startup is "no heating".

Pressure Level Adjustment: Press the level button once to toggle between three pressure levels: L1, L2, and L3.

Mode Confirmation: After selecting a mode or level, the appliance will automatically switch to the chosen setting. The display will show the corresponding mode for 5 seconds before indicating the remaining time.

Automatic Shutdown: The appliance will automatically shut down after 15±1 minutes of operation in each mode.

Charging Mode: To enter charging mode, plug in the adapter (5V, 1A or above). The charging indicator light on the screen will illuminate and flash. Note that the appliance cannot be used while charging.

Venting During Use: During operation, there will be a 1-second venting period when switching modes or levels. No venting occurs when changing heating settings.

d) Charging Instructions

1. Fully charged the battery for first time use
2. Approximate full charging time is 3 hours or less.
3. Before connecting the appliance to your power supply, ensure that the voltage specified on the rating plate matches your mains supply.
4. Only insert the power supply unit into a socket when the appliance is turned off. Use only the supplied power supply unit, which must provide extra low voltage as indicated on the appliance.
5. Keep the power supply unit, cable, and appliance away from heat sources, hot surfaces, moisture, and liquids.

6. Avoid touching the power supply unit while standing in water or when your hands are wet or damp.
7. Do not attempt to retrieve the appliance if it falls into water. Instead, immediately unplug the power supply unit from the socket.
8. Ensure that you plug the appliance into a socket that allows easy access to the plug.
9. Do not carry, pull, or twist the appliance by the cable or power supply unit.
10. If the cable or power supply unit is damaged, discontinue use immediately. For safety, only authorized service personnel should replace these parts. Always send the unit to a service center to prevent hazards.
11. Ensure that the cable is not a tripping hazard. The cable should remain straight and free from traps or twists.

4. Product Maintenance

a) Storage

- When not in use, store the product in its original packaging in a safe, dry, well-ventilated, and cool location.
- Do not twist the Type-C data cable.
- Avoid using the Type-C data cable to hang the product.
- Keep sharp objects away to prevent scratches on the surface.
- Do not expose the product to direct sunlight or high temperatures.

b) Cleaning

- Before cleaning, ensure the power is turned off and the Type-C Data Cable is removed.
- Use a dry cloth to clean the surface of the product.

Note:

1. Do not use corrosive cleaners, such as benzene or thinner, to clean the product.
2. Do not use a wet cloth to clean the product to avoid malfunction.

c) Maintenance

- Keep the product clean and store it in a low-humidity environment.
- If not in use for an extended period, keep it in its packaging to prevent dust accumulation.

5. Product Specifications

Item	Details
Product Name	ComfySteps Calf Massager
Model	CM-26E
Rated Voltage	3.7V --- 8W
Charge Voltage	5V --- 2A(MAX)
Battery Capacity	30000mAh
Product Size	580 x 360 x 35 mm
Operating Temperature	0°C - 40°C
Operating Humidity	30% - 85% RH
Storage Temperature	-5°C - 40°C
Storage Humidity	30% - 85% RH
Safety Features	Overheat protection, Overcurrent protection
Timer	15 minutes

6. Battery Disposal Instructions:

The battery in this appliance contains environmentally hazardous substances. Before discarding the appliance, it is essential to remove the battery and ensure that the power is turned off prior to removal. The battery should then be disposed of in a safe and responsible manner.

This product must not be disposed of with regular household waste. All users are required to return electrical and electronic devices, regardless of whether they contain toxic substances, to designated local authority or commercial collection points for environmentally responsible disposal.

For information regarding proper disposal methods, please consult your local authority or your dealer.

7. Warranty Services

Thank you for choosing an ecomed by medisana product.

We are committed to ensuring your satisfaction and providing you with reliable warranty service as outlined on your warranty card. Please retain this card and present it when requesting repair services.

Warranty Coverage

From the date of your purchase, you are entitled to free warranty service for any faults covered within the specified warranty period. The effective warranty period for this product is one year. Please note that this warranty is non-transferable.

How to Request Warranty Service

To receive warranty service, you must send the product to designated sales points. When doing so, please include the original purchase receipt along with your completed warranty card. The purchase date will be determined based on the valid document issued at the time of purchase.

Important Warranty Terms

- This warranty is valid only for products used in personal, residential settings and does not apply to rental, trade, commercial, or institutional use.
- Any parts replaced during the warranty period will remain the property of Medisana Malaysia Sdn Bhd.
- The warranty card must be fully completed, including the product serial number, customer name, and purchase date; otherwise, it will be deemed invalid.

Exclusions from Warranty Coverage

The following situations are not covered by the warranty, although paid repair services are available:

- Damage resulting from human error, such as improper use of the power supply, use in abnormal conditions, failure to follow the provided manual, or self-inflicted damage during transport.
- Unauthorized disassembly, repair, or modification by the user or third parties.
- Wear and tear, including scratches on the product and its accessories (e.g., covers and decorative surfaces), as well as the natural depletion of consumables (e.g., batteries).
- Damage caused by force majeure events, such as floods, fires, lightning strikes, or earthquakes.

- Inconsistent information on the warranty card compared to the actual product, or any alterations made to the card.
- Failure to present the company-issued warranty card and valid invoice when requesting service.

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